

Week 6	Objectives (knowledge/skills/attitudes)	Tasks	Resources
1.	Review of people/program	Activity 1 – ‘What can we remember?’ <ul style="list-style-type: none"> • Review striking the ball • Review touching another ball. What happens then? • Review steps for sparking ball • Discuss fouls • Divide into two groups 	2 gateball courts (small size), markers, balls, sticks , gates , target sheets, scoreboards, second set of hoops for younger children
2.	Warm up/ Give children particularly the younger children an easy activity which is fun.	Activity 2 – Game of ‘Stone, bridge and tree’ (one of the games from DVD produced by AASC) <ul style="list-style-type: none"> • Teams of 6-8 • 1st player in relay runs 5m and becomes the ‘stone’ • 2nd player jumps over stone and runs 5m to form the ‘bridge’ • 3rd player jumps over stone, crawls under the bridge and runs 5 m to form the ‘tree’ • 4th and subsequent players complete the tasks of jumping, crawling and round the tree and back to line. Change it- How to make it harder/easier <i>Make distances longer/ shorter. Use different methods of locomotion.</i>	Cone markers for start and finish area
3.	Target practice Practice striking ball and sparking a ball	Activity 3 Review striking the ball using <u>SSSSS</u> method <ul style="list-style-type: none"> • Place two markers and children one to two metres away – hit the ball through the markers with one hit • Move further apart after each successful turn • Now add target ball (gateball for older children and croquet ball for younger ones if needed) • Stroke ball to touch other ball. Review sparking in similar pattern. <ul style="list-style-type: none"> • In pairs with ball passing through the cones to reach partner • Increase the distance after successful sparks Increase difficulty by sparking <ul style="list-style-type: none"> • onto target sheets • to hit a marker peg or goal pole on court • through a gate 	Cones as markers, target sheets, several croquet ball as targets, spare gates and marker pegs set up for extra practice areas..

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4.

Review of Game of Gateball**Activity 4. Older Children**

Now sparking has been practised, the use of it needs more explanation.

- Have child demonstrate a touch of a team member's ball followed by a sparking of it to be in front of gate 3.
- Discuss why.
- Have a child demonstrate a touch of an opponent's ball followed by a sparking of that ball out of court.
- Children practice sparking balls across the court, to the front of the gates and to the goal pole.

Activity 4. Younger children

- Introduce the game of Gateball on a smaller court. Review/ demonstrate
- skills taught in stroking balls through a gate
- touching balls on the court
- sparking balls that are touched

2 Gateball courts (one can be smaller for the younger age group),
scoreboards

5.

Gateball Court**Activity 5 – Game for younger and older students**

- Arrange two teams
- Give children numbers
- Arrange for scoreboard to be used
- Play a game

Scoreboard

6.

Finish up and review**Activity 7 – Walk about, talk about**

Check the scores. What was easy / difficult/ enjoy the most? Take off numbers and collect equipment and stack carefully.

- Kids to walk round to collect equipment and bring back to group
- Stretch tired parts of the body
- Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?)

Comments (Evaluation/ what next?)