

Week 4 Objectives (knowledge/skills/attitudes)**Tasks****Resources**

1. Review of people/program

Activity 1 – ‘What can we remember?’

- About the people? About the sport? (name of game/ Gateball sticks, and balls/ hits/ hoop running etc)
- Review what learnt last week. (numerical sequence is important, hitting balls to gain advantage in hoop running, errors or faults and tactics)

Croquet court/s, cone markers, balls, sticks, plastic clothes pegs.

2. Practise hitting and hoop running

Activity 2 – In pairs improve skills taught so far.

Review stroking the ball using SSSSS chant. Aim to improve in accuracy, direction and over distances as one child hits a ball to another.

Place one ball between the 2 children. Try to hit the ball from close distance and then increase the distance.

Activity 3 – Hoop running

Review the best position to achieve success in running the hoop. Vary the distance and the angles from which the children attempt to run a hoop.

Change it

How to make it harder/easier

Make distance longer/shorter. Make width between markers narrower/wider. Use tennis balls/ rubber balls.

Markers - cones, witch's hats, spare hoops, pegs

3. New type of stroke - stop shot or stun shot

Activity 3 - Introduce new type of stroke- stop shot or stun shot

- Demonstrate the stance, the swing and the change in follow through.
- Off the court, have children work in pairs to practise without a ball first and then place a ball short distance from another ball to develop this new skill.
- Ensure the children can explain and demonstrate the difference in ball movement between a basic hit and a stop/ stun shot.
- Once the children have acquired the correct stroking method without damaging the lawn surface, use the lawn upon which they practise in pairs to master the stop/ stun shot with the balls placed close together.
- Start from one edge of the court and stop shot the opponent ball to where the cones are set up - each at increasing distances from the edge of the court.

Balls, sticks, cones/ witch's hats

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Activity 5 - Demonstrate the effectiveness of the stop/stun shot in order to send an opponent's ball away from the front of the hoop while maintaining good position of own ball.

4.**G-Ball game****Activity 6 – Playing the game**

Children arranged into groups of 4 to play a game of G-Ball to go to hoop 6.

Increase the complexity of the game by adding the centre peg as the final point to be scored. Keeping to the numerical sequence after running through hoop 6, the players try to hit their ball onto the centre peg. This extra shot eliminates a tied score.

Croquet court/s, Gateball sticks, sets of balls, pegs /clips / pipe cleaners for scoring

5.**Finish up and review****Activity 7 – Walk about, talk about**

Check the scores. What was easy / difficult/ enjoy the most?

- Children to walk round to collect equipment and bring back to group
- Stretch tired parts of the body

Talk about the session (*What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?*)

Comments (Evaluation/ what next?)